

# Commands of Christ

Making disciples who make disciples,  
while teaching them to obey all Jesus commanded



*An adaptation of George Patterson's 7 Commands of Christ\**

# The “Sword” Bible Study Method

*Hebrews 4:12 says, “For the Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart.”*

This picture of a sword helps us to teach any passage of the Bible. When we think of a sword we think of four parts of the sword and six questions we need to ask.

The tip points up to the heavens:

**What do we learn about God? Jesus? Holy Spirit?**

The handle is held by people:

**What do we learn about people?**

Use the acronym “SPEC” to help remember 4 questions on the blades:

Left Blade:

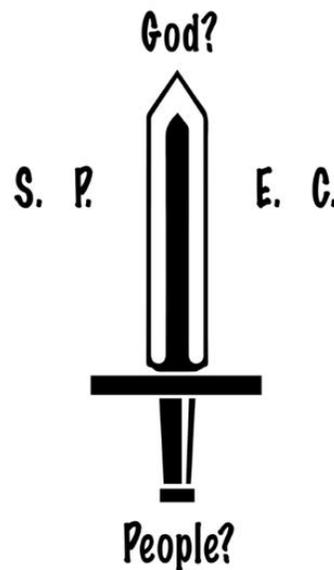
**Is there a sin to avoid? (S)**

**Is there a promise to believe? (P)**

Right Blade:

**Is there an example to follow? (E)**

**Is there a command to obey? (C)**



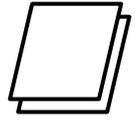
## Instructions:

During the “Look Up” part of the 3/3’s meeting, you can tell the Bible story, then read the story from the Bible. After telling and reading the story, *first* pray and ask the Holy Spirit to teach everyone how to understand and obey this passage (John 14:26). *Next*, ask these questions one at a time. The questions are open for anyone to answer from the Bible. As people answer from scripture, the Holy Spirit will teach everyone how to understand and obey God and His Word.

## Facilitator Tips:

- Keep group focused on the passage you are studying. If there are seasoned believers in the group, they may intimidate new believers by jumping around from passage to passage. We don’t want new believers to think that simply “knowing” a lot equals maturity
- Make sure all the answers come from the Bible, not simply someone’s opinion or “what I think this means to me.”
- 70/30 rule - disciples should be talking 70% of time, facilitator 30% of time
- There is no need to preach - we want to give new disciples a simple model to reproduce
- Don’t be afraid of “awkward silence”

# Command of Christ # 1 - Repent & Believe



## << Look Back

**Care** for each other by giving a brief life update & explain **loving accountability**:

“Each week we will set measurable goals pertaining to the lesson: Obeying Jesus, Abiding in Jesus, Sharing the Gospel, and Training others.” Then, on the following week, we lovingly hold one another accountable by asking ‘How did you do last week with your goals?’ By obeying & sharing Jesus, God will continue maturing us to look more like Jesus, so we can advance His mission together.”

## Look Up

**Read Acts 2:36-47** – Cast vision of being church together.

“Did the people in this first church repent and believe?”

**Read The Command:** In Mark 1:15, Jesus says...

**Tell The Story:** The Sinful Woman from Luke 7:36-50

**Retell the story together** from Luke 7:36-50

**Read the story aloud** from Luke 7:36-50

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Luke 7:36-50) and reveal its meaning for our lives.

**Practice** retelling the story or the 3 Circles

## Explore More:

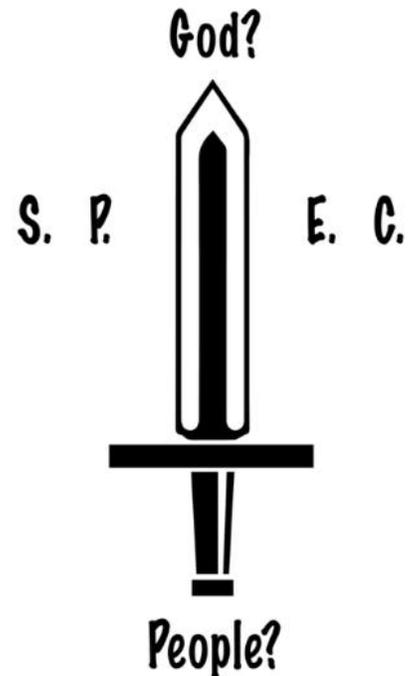
1. What does “Repent” mean? (Acts 3:19)  
Repent means to “turn” from our sin.
2. What do we “Believe?” (Mark 1:15, Romans 10:9)  
We believe the Gospel, that Jesus rose from the dead.
3. Why should we repent? (Romans 3:23; 6:23; 10:9)
4. Who should repent? (Acts 2:38-41)  
Everyone must repent for forgiveness.
5. What is assurance?  
1 John 1:9 - When we confess our sins, He is faithful to forgive and cleanse us.  
John 10:28 - Nothing can take away our salvation.

## Look Forward >>

### Set Goals:

- **Obey:** Confess your sins before the Lord. Turn from them and live a new life in Jesus.
- **Abide:** Begin reading 2-4 chapters a day in Mark, and pray daily
- **Share:** “Who from your oikos map will you share the gospel with this week?”  
(Practice sharing your “15 second story and the 3-Circles gospel tool)

**Pray:** “Jesus I want to leave my old life of sin and follow You. I believe in You, become my Lord.”



# Command of Christ # 2 - Be Baptized



## << Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

## Worship, Lord's Supper, Vision of multiplication

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives account of their goals from the previous week)

## Look Up

**Read Acts 2:36-47** to cast vision for being the church together  
"Were the people in the first church baptized?"

**Read the Command:** In Matthew 28:19, Jesus says...

**Tell the Story** of Phillip and the New Believer from Acts 8:26-39

**Retell the story together.**

**Read the story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Acts 8:26-39) and reveal its meaning for our lives.

**Practice** retelling the story or 3 Circles

## Explore More:

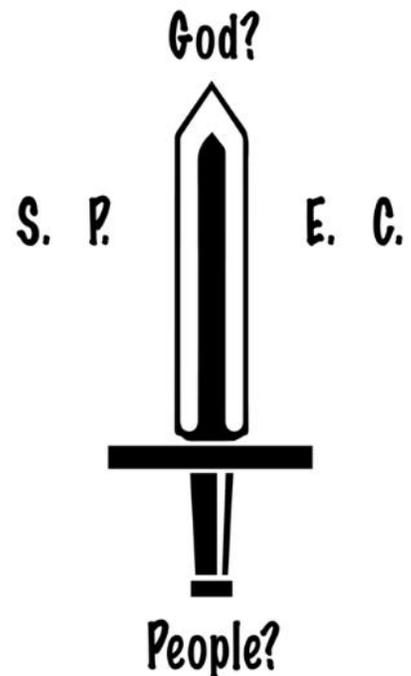
1. What is "Baptism"? (Romans 6:3-4)  
Baptism is a symbol of our life, death and resurrection. It also means that we have died to our old life and been raised to a new life with Jesus.
2. Why and How should we be baptized? (Matthew 3:13-16)  
Jesus received baptism by being immersed in water, so should we. Receiving baptism means we have identified Jesus as our Lord.
3. Who should be baptized? (Acts 2:38)  
Everyone who repents and believes.
4. How should we be baptized? (Matthew 3:16)  
Jesus went down into the water.

## Look Forward >>

### Set Goals:

- **Obey:** Obey Jesus through baptism
- **Abide:** Begin reading 2-4 chapters a day in Luke, and pray daily
- **Share:** "Who (far from God) will you share the gospel with this week?"
- **Train:** "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Prayer:** "Lord give me the strength to identify my life with you through the symbol of baptism."



# Command of Christ # 3 - Pray



## <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

## Worship, Lord's Supper, Vision of multiplication

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives account of their goals from the previous week)

## Look Up

**Read Acts 2:36-47** to cast vision for being church together

"Did the people in the first church pray?"

**Read the Command:** in Matthew 6: 9-13, Jesus says...

**Tell the story:** Jesus teaches about Prayer in Matthew 6: 5-15

**Retell the story together.**

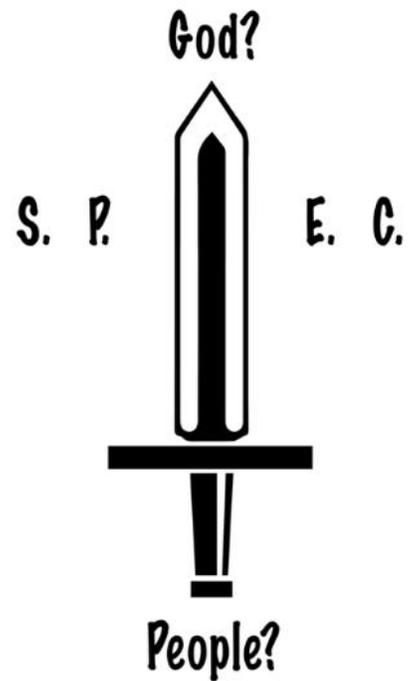
**Read the story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Matthew 6:5-15) and reveal its meaning for our lives.

**Practice** retelling the story or 3 circles

## Explore More:

1. **Why** do we pray? (Matthew 6:9-13)  
God hears us. We desire His will to be done on earth.
2. **How** do we pray?  
By simply talking with God.  
"Our Father..." = God is your heavenly father  
"Hallowed be your name..." = Ask for God to glorify himself through your life  
"Your kingdom come, Your will be done..." = Surrender to God's kingdom and will being done in and through your life  
"Give us today our daily bread..." = Ask for your needs  
"Forgive us our debts..." = Ask for forgiveness of any sin, and forgive others  
"Deliver us from the evil one..." = Pray for the deliverance when you face temptation



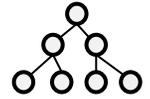
## Look Forward>>

### Set Goals

- **Obey:** Make a commitment to pray daily for a certain amount of time. Pray for the lost and more laborers! (Luke 10:2)
- **Abide in Christ:** Continue reading 2-4 chapters a day in Luke, and pray daily)
- **Share:** "Who (far from God) will you share the gospel with this week?"
- **Train:** "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Pray:** "Lord, teach us to pray. Give us pure motives. May your will be done in us."

# Command of Christ #4 - Go...Make Disciples



## <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

## Worship, Lord's Supper, Vision of multiplication

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives an account from the previous week)

## Look Up

**Read Acts 2:36-47** to cast vision for being church together  
"Was the first church making disciples?"

**Read the Command:** In Matthew 28:19-20, Jesus says...

**Tell the Story:** The Samaritan Woman from John 4:4-42

**Retell the story together.**

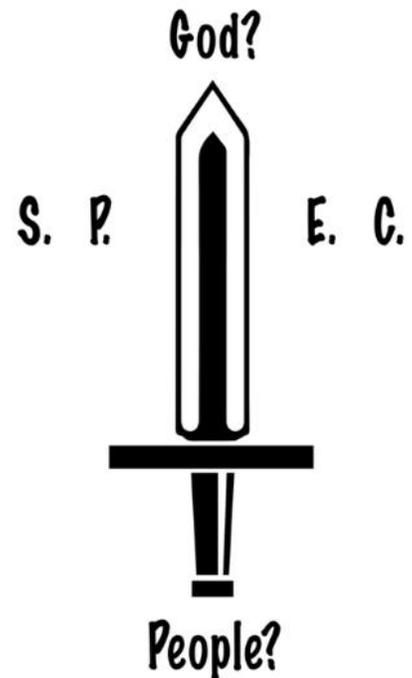
**Read the story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (John 4:4-42) and reveal its meaning for our lives.

**Practice** retelling the story or 3-Circles

## Explore More:

1. Who should we share with? (John 4:16, 28)  
Our families, friends, neighbors and city
2. What should we say? (John 4:29)  
The woman shared her story and Jesus' story (the gospel)
3. Who is qualified to go? (John 4)  
The Samaritan woman was! Every believer.
4. How should we go? (Luke 10:1-11)  
In groups of 2 or 3 throughout our neighborhood and city: 1) praying, 2) sharing, and 3) looking for "Persons of Peace" to disciple in the very same things we are learning here.



## Look Forward>>

### Set Goals:

- **Obey:** Learn how to share My Story and God's Story
- Commit make disciples by praying for people far from God, sharing the gospel & training those who believe. Set a time to go out 2x2 to share and look for people of peace.
- **Abide:** Begin reading 2-4 chapters a day in John, and pray daily
- **Share:** "Who (far from God) will you share the gospel with this week?"
- **Train:** "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Pray:** "Lord, make me bold to share what You have done in my life. Give me Your Words to share in my community."

# Command of Christ # 5 - Persevere



## <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

## Worship, Lord's Supper, Vision of multiplication

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives account of the goals from the previous week.)

## Look Up

**Read Acts 2:36-47** to cast vision for being church together  
"Did the first church persevere through opposition?"

**Read the Command:** In Matthew 10:22, Jesus says...

**Tell the Story:** The persecuted believers from Acts 5:27-42

**Retell the story together.**

**Read the story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Acts 5:27-42) and reveal its meaning for our lives.

**Practice** retelling the story or the 3-Circles

## Explore More:

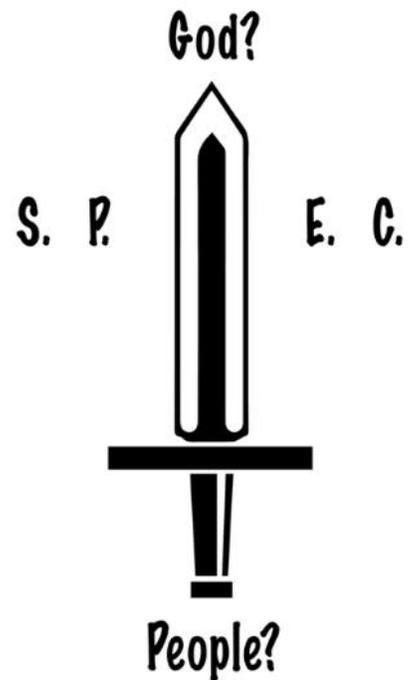
1. Who will be persecuted? (Matthew 10:16-33)  
Every disciple of Jesus can expect persecution.
2. What is our hope amidst persecution?  
2 Corinthians 4:5-18 - Our eternity is secure in Heaven.  
Hebrews 12:1-2 - Fixing our eyes on Jesus, who faced persecution for us.
3. How can we persevere when persecuted?  
Matthew 5:11-12 - Don't fear, but rejoice!  
Matthew 24:13-14 - Keep proclaiming the Gospel until the end!

## Look Forward>>

### Set Goals:

- **Obey:** Commit to rely on Jesus and persevere through hard times when they come.
- Google search "voice of the martyrs" and read the stories of persecuted believers around the world. Pray for them.
- **Abide:** Continue reading 2-4 chapters a day in John, and pray daily
- **Share:** "Who (far from God) will you share the gospel with this week?"
- **Train:** "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Prayer:** "Lord, should I ever have the privilege to be persecuted for you, please give me boldness to persevere by forgiving, loving and sharing your good news with those who persecute me."



# Command of Christ # 6 - Love



## <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

## Worship, Lord's Supper, Vision of multiplication

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives an account of their goals from the previous week.)

## Look Up

**Read Acts 2:36-47** to cast vision for being church together

*"Did the first church love one another?"*

**Read the Command:** In Matthew 22:37-39, Jesus says...

**Tell the Story:** The Good Samaritan from Luke 10:25-37

**Retell the story together.**

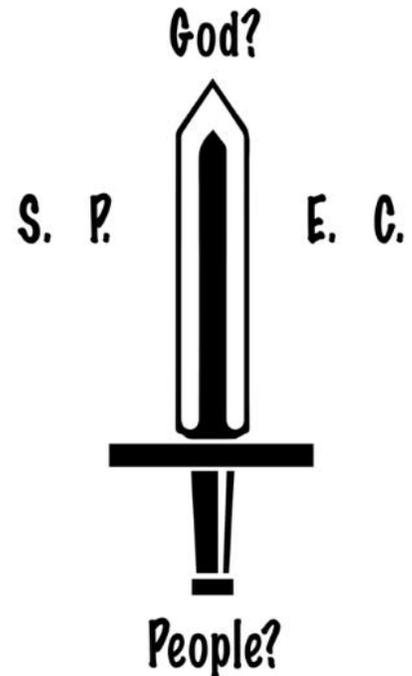
**Read the story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Luke 10:25-37) and reveal its meaning for our lives.

**Practice** retelling the story or the 3-Circles

## Explore More:

1. What is "love"? (John 15:13 and 1 Corinthians 13)
2. Why do we Love? ( John 13:34-45)  
Because Jesus loved us first. Love teaches the world about Jesus.
3. Who do we love? (Matthew 22:37-39)  
First we need to love God, then we need to love our neighbors.
4. How do we love?  
John 14:15 - Loving Jesus means we obey Him.  
John 21:17- Loving others means telling them what God has done for you.



## Look Forward>>

### Set Goals:

- **Obey:** Take time each day to intentionally show love by helping your family, friends, or neighbors.
- Reconcile with anyone you have not shown love to OR anyone you may be holding bitterness towards.
- **Abide:** Begin reading 2-4 chapters a day in Matthew, and pray daily
- **Share:** "Who from your oikos map will you share the gospel with this week?"
- **Train :** "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Prayer:** "Lord, help me to love you by obeying you. Lord, help me to love others so that they might learn that you love them also."

# Command of Christ #7 - Lord's Supper



## <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

**Worship: Prayer, Songs, Lord's Supper, Share #NoPlaceLeft Vision for your city**

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person shares an account of their goals from the previous week.)

## Look Up

**Read Acts 2:36-47** to cast vision of being church together  
"Did the first church take the Lord's Supper?"

**Read the Command:** In Matthew 26:26-28, Jesus says...

**Tell the Story:** Jesus' Last Supper from Luke 22:7-20

**Retell the Story together.**

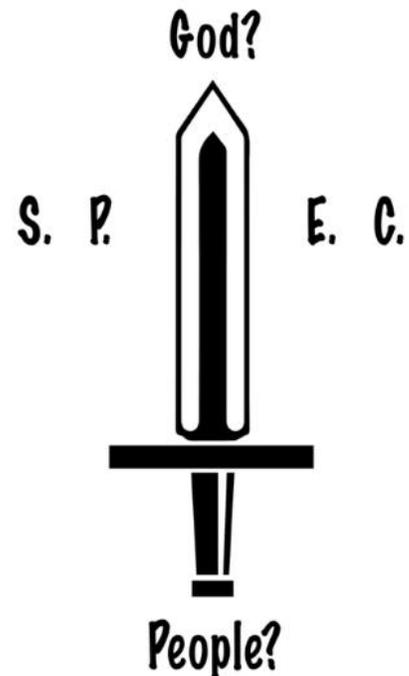
**Read the Story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Luke 22:7-20) and reveal its meaning for our lives.

**Practice** retelling the story or 3-Circles

**Explore More:**

1. What is the Lord's Supper? (1 Corinthians 11:26)  
A symbol of the Lord's death
2. Why do we eat the Lord's Supper? (1 Corinthians 11:26)  
His body was broken and His blood was spilt.
3. How do we receive the Lord's Supper? (1 Corinthians 11:27-29)  
We must examine ourselves, confess our sins to God and remember Jesus died to give us forgiveness.
4. Who should receive the Lord's Supper? (Acts 2:42, 1 Corinthians 11:27-29)  
Baptized disciples devoted to Jesus.



## Look Forward>>

**Set Goals:**

- **Obey:** Confess your sins to the Lord, remember the good news (gospel) that Jesus died for your sins and rose from the grave
- Celebrate the Lord's supper together with believers
- Abide: Continue reading 2-4 chapters a day in Matthew, and pray daily
- **Share:** "Who (far from God) will you share the gospel with this week?"
- Train: "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Prayer:** "Lord, show me the sins I have committed. Forgive them. Thank you for giving your body and blood for me."

## Command of Christ #8 - Give



### <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

**Worship: Prayer, Songs, Lord's Supper, share #NoPlaceLeft Vision for your city**

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives account of their goals from the previous week.)

### Look Up

**Read Acts 2:36-47** to cast vision of being church together.

"Did the first church give?"

**Read the Command:** In Matthew 6:1-4, Jesus says...

**Tell the Story:** The Widow Gives from Mark 12:41-44

**Retell the Story together.**

**Read the Story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Mark 12:41-44) and reveal its meaning for our lives.

**Practice** retelling the story or the 3-Circles

### Explore More:

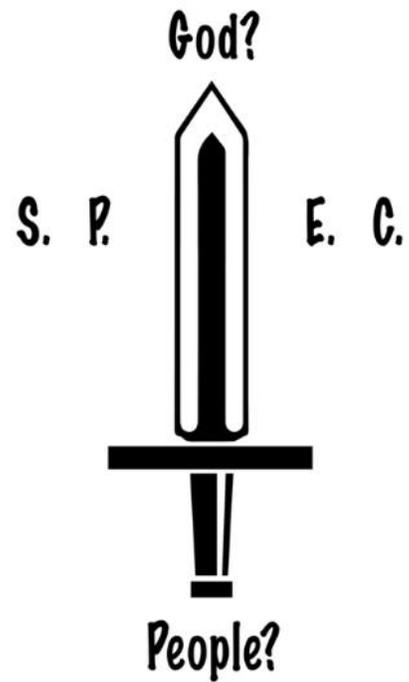
1. What should we give to God?  
Our money, time and our lives.
2. Why should we give to God? (2 Corinthians 9:6-7)  
Give generously, and we will receive generously. God loves a cheerful giver.
3. How do we give to God? (2 Corinthians 9:7, Matthew 6:1-4)  
Cheerfully, not under compulsion; secretly, not for recognition.
4. Who do we give to?  
Acts 4:34-35 - The church gave to all who had need.  
2 Corinthians 9 - A collection was given to a church.

### Look Forward>>

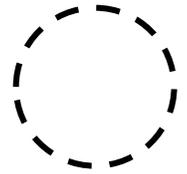
#### Set Goals:

- **Obey:** Make measurable goals for giving of your time & money weekly to the church.
- **Abide:** Begin reading 2-4 chapters a day in Acts, and pray daily
- **Share:** "Who (far from God) will you share the gospel with this week?"
- **Train:** "Who (Christian) will you train this lesson to this week?" (If you have led someone to Christ, be sure to train them)

**Prayer:** "Lord, everything I have is Yours. Teach me to give. Show me needs that I can help with my time and money."



# Command of Christ #9 - Gather



## <<Look Back

**Care** - "How are you doing?" (Share brief update, listen, pray, encourage)

**Worship: Prayer, Songs, Lord's Supper, Giving, share #NoPlaceLeft Vision for your city**

**Loving Accountability** - "Last week how did you...Obey, Abide, Share, Train?" (Each person gives account of their goals from the previous week.)

## Look Up

**Read Acts 2:36-47** - "Did the first church gather regularly?"

**Read the Command:** In Hebrews 10:24-25, Jesus says...

**Tell the Story:** The first church from Acts 2:36-47

**Retell the Story together.**

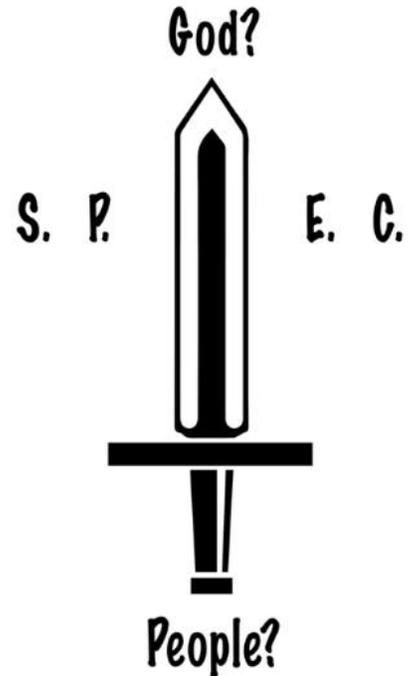
**Read the Story aloud.**

**Discover:** Pray then use the Sword Bible Study method to discuss the story (Acts 2:36-47) and reveal its meaning for our lives.

**Practice:** Use the church circle tool and page 16 to **explore more.**

### Explore More:

1. Who is the church? (Acts 2:41)  
Baptized believers in Jesus
2. What does a church gathering do? (Acts 2:36-41)  
A healthy church should be obeying all the commands of Christ.
3. When does a church gather? (Acts 2:46, Hebrews 10:24-25)  
The church gathers regularly.
4. Where does a church gather? (Acts 2:46, 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5; 1 Cor. 16:19; Col. 4:15; Philemon 1:1-2) - Homes were the primary and most cost effective place the church gathered.
5. Why does the church gather? (1 Corinthians 10:31, Hebrews 10:24-25)  
To Glorify God, encourage, and hold one another accountable.



## Look Forward>>

### Set Goals:

- **Obey:** Appoint leaders if you have not done so already. Look for those whose character are like the elders Paul describes in Titus 1:5-9; Pray and fast, then appoint them to lead this church by laying your hands on them in approval.
- **Abide:** Begin reading 2-4 chapters a day in Acts, and pray daily
- **Share:** "Who (far from God) will you share the gospel with this week?"
- **Train:** "Who (Christian) will you train this lesson to this week?"

**Prayer:** "Lord, we are your church! Please enable us to to advance your kingdom mission from this city to the nations for your Glory."

## #10 - Begin long-term discipleship

### <<Look Back

**Care** - “How are you doing?” (Share brief update, listen, pray, encourage)

**Worship: Prayer, Songs, Lord’s Supper, Giving, share #NoPlaceLeft Vision for your city**

**Loving Accountability** - “Last week how did you...Obey, Abide, Share, Train?” (Each person gives account of their goals from the previous week.)

### Look Up

**Read Acts 2:36-47** & draw church circle to cast vision for healthy church.

- Use this church circle tool to diagnose the health of your church and what must take place to bring all the functions “inside the circle”
- If your gathering has decided to become a church itself, write up a covenant based on your beliefs and commitments, agree upon it together, and give your church a name.

**Read the Scripture aloud:** Mark 1:1-8

**Read the Scripture to yourself several times:** Mark 1:1-8

**Discover:** Pray then use the Sword Bible Study method to discuss the scripture passage and reveal its meaning for our lives.

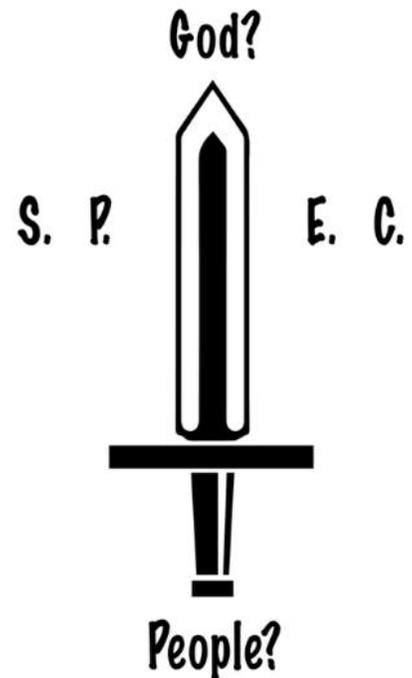
**Practice** retelling 3-Circles, 15-second testimony, or one of the previous 9 stories

### Look Forward>>

#### Set Goals:

- **Obey:** Commit to long term discipleship using the 3/3s format. We suggest you follow the Mark schedule in this booklet for “look up” portion.
- **Abide:** Continue reading 2-4 chapters a day in Acts, and pray daily
- **Share:** “Who (far from God) will you share the gospel with this week?”
- **Train:** “Who (Christian) will you train this lesson to this week?” (If you have led someone to Christ, be sure to train them)

**Prayer:** Pray as the Lord directs you too, but remember to continue praying for boldness and wisdom to share the Gospel and make disciples. Also continue praying for all those who are far from God on your relationship map. Pray for 4th generation disciples and churches. Pray for Laborers. Pray God would accomplish His mission in and through your gathering until there is #NoPlaceLeft and Christ returns.



## Long-Term Discipleship Continued

Now that you have completed the short-term discipleship (Commands of Christ), continue on to “Long-term discipleship” using the T4T Format (next page) and the Sword Bible Study Method as your Bible discovery tool. The “New Lesson” will be passages from the Bible and we suggest starting in Mark’s gospel using the schedule listed below.

|                   |                           |                   |                   |
|-------------------|---------------------------|-------------------|-------------------|
| 1. Mark 1:1-8     | 19. Mark 5:1-20           | 37. Mark 9:1-8    | 55. Mark 12:28-34 |
| 2. Mark 1:9-15    | 20. Mark 5:21-24, 35-43   | 38. Mark 9:9-13   | 56. Mark 12:35-40 |
| 3. Mark 1:16-20   | 21. Mark 5:35-34          | 39. Mark 9:14-29  | 57. Mark 12:41-44 |
| 4. Mark 1:21-28   | 22. Mark 6:1-6            | 40. Mark 9:33-37  | 58. Mark 13:1-8   |
| 5. Mark 1:29-34   | 23. Mark 6:7-13           | 41. Mark 9:38-50  | 59. Mark 13:9-13  |
| 6. Mark 1:35-40   | 24. Mark 6:14-29          | 42. Mark 10:1-12  | 60. Mark 13:14-27 |
| 7. Mark 2:1-12    | 25. Mark 6:30-32          | 43. Mark 10:13-16 | 61. Mark 13:28-37 |
| 8. Mark 2:13-17   | 26. Mark 6:33-44          | 44. Mark 10:17-31 | 62. Mark 14:1-10  |
| 9. Mark 2:18-28   | 27. Mark 6:45-52          | 45. Mark 10:32-34 | 63. Mark 14:11-21 |
| 10. Mark 3:1-12   | 28. Mark 6:53-56          | 46. Mark 10:35-45 | 64. Mark 14:22-26 |
| 11. Mark 3:13-19  | 29. Mark 7:1-13           | 47. Mark 10:46-52 | 65. Mark 14:27-31 |
| 12. Mark 3:20-30  | 30. Mark 7:14-23          | 48. Mark 11:1-11  | 66. Mark 14:32-42 |
| 13. Mark 3:31-35  | 31. Mark 7:24-30          | 49. Mark 11:12-18 | 67. Mark 14:43-52 |
| 14. Mark 4:1-20   | 32. Mark 7:31-37          | 50. Mark 11:19-26 | 68. Mark 14:53-65 |
| 15. Mark 4:21-25  | 33. Mark 8:1-10           | 51. Mark 11:27-33 | 69. Mark 14:66-72 |
| 16. Mark 4:26-29  | 34. Mark 8:11-21          | 52. Mark 12:1-12  | 70. Mark 15:1-15  |
| 17. Mark 4:30-34  | 35. Mark 8:22-26          | 53. Mark 12:13-17 | 71. Mark 15:16-47 |
| 18. Mark 4: 35-41 | 36. Mark 8:27-38; 9:30-32 | 54. Mark 12:18-27 | 72. Mark 16:1-20  |

# Discipleship Meeting Format (3/3's)

*"Teach them to obey my commands" -Jesus in Matthew 28:20*

In joining God on His mission to reconcile the world, Jesus makes clear that we must teach disciples to obey all His commands (Matthew 28:20). To do this, there are three elements of this meeting format worth pointing out: Loving Accountability, Practice, and Goal Setting. These three elements are essential to making disciples who obey Jesus and multiply. Without loving accountability and goal setting, the gathering will become a content-heavy meeting with little to no obedience. Without practicing what is taught (and teaching something simple enough to be practiced) it is hard to expect disciples to reproduce what they are learning. We see all three of these elements throughout Jesus' ministry in the Gospels. To study just one example, read Matthew 9-10. In chapter 9, Jesus models how to advance the kingdom by praying, healing, casting out demons, and proclaiming the good news. Then, He give his disciples authority and instructs them to do the exact same thing in chapter 10 (Also Luke 9-10). After going to the towns where Jesus sent them, they were accountable to report back to Him. Jesus was teaching and modeling a pattern of discipleship, which His disciples were able to practice throughout the Gospels, and continue reproducing in Acts. Jesus multiplied himself by teaching his disciples and having them do likewise; He taught them to know Him and obey what He said. In the same way, we can teach simple biblical tools and stories which every disciple can practice and obey. Each week there will be a new command of Jesus, and new story that illustrates this command. In the practice portion, each person will practice retelling the story to someone in the group. Through practicing, disciples will begin to build confidence and competence to obey Jesus, share him, and continue the pattern of making more disciples. Without practicing, it is difficult to expect disciples to multiply. So each time you connect for individual discipleship, group discipleship, church gathering or leadership training, if you are short on time, don't skip: Accountability, Practice, & Goal Setting

| Look Back   | Look Up  | Look Forward   |
|---|--|--|
| <p>1. <b>Care</b></p> <ul style="list-style-type: none"> <li>- <b>High</b> or Praise?</li> <li>- <b>Low</b> or Prayer Request?</li> </ul> <p>2. <b>Worship</b> &amp; Lord's Supper</p> <p>3. <b>#NoPlaceLeft Vision</b></p> <p>4. <b>Loving Accountability</b></p> <p>"Last week, how did you..."</p> <ul style="list-style-type: none"> <li>- <b>Obey</b> Jesus?</li> <li>- <b>Share</b> Jesus? (Oikos Map)</li> </ul> | <p>5. <b>New Lesson</b></p> <p><u>Read</u>: Acts 2:36-47 (this is church)</p> <p><u>Read</u>: Command of Christ</p> <p><u>Tell &amp; Read</u>: Story or Scripture</p> <p><u>Pray &amp; Ask Questions</u>:</p> <div data-bbox="854 443 1073 751" data-label="Diagram"> <p>The diagram shows a simple candle with a flame at the top. Above the flame is the text 'God?'. To the left of the candle is 'S. P.' and to the right is 'E. C.'. Below the candle is 'People?'. The entire diagram is enclosed in a rounded rectangular box.</p> </div> <ul style="list-style-type: none"> <li>-God? -People?</li> <li>-Sin? -Promise?</li> <li>-Example to follow?</li> <li>-Command to Obey?</li> </ul> <p>6. <b>Practice</b></p> <p>Pair up &amp; retell the story or teaching</p> | <p>7. <b>Set Goals &amp; Pray</b></p> <p>"Next week, how will you..."</p> <ul style="list-style-type: none"> <li>- <b>Obey</b> Jesus?</li> <li>- <b>Share</b> Jesus? (Oikos Map)</li> </ul> <p><b>Pray</b> and ask God for boldness to listen, obey, and share Jesus. Ask also for God to save people, so that they too may make disciples who make disciples for His Glory!</p> |

This is what we have come to be known as the 3/3's process. This is the basic format, which this manual has been using on each Command of Christ. It is basically a group meeting format in which you and your disciples can facilitate a group or church with the *most* intentionality. The meeting is divided into 3 parts: Look Back, Look Up, Look Forward. If you have about 90 minutes of time, each part can be given about 30 minutes.

But when you are cut short for time **don't skip the orange parts**...these are essential to multiplication.

This discipleship format (known as T4T or the 3/3's process) has been field-tested all over the world in most contexts and provides what is necessary to prompt Gospel-based obedience discipleship which can multiply healthy disciples, groups and churches. When you gather with your disciples, commit to using the following "three-thirds" format\*

\*The T4T "three-thirds" or "3/3's" format created by Ying & Grace Kai

# Lesson 1

**Make disciples, who make disciples [Matt. 28:18-20]**

Jesus  
**Authority**

Go...not come

Jesus  
**Intimacy**

All Nations...not just some

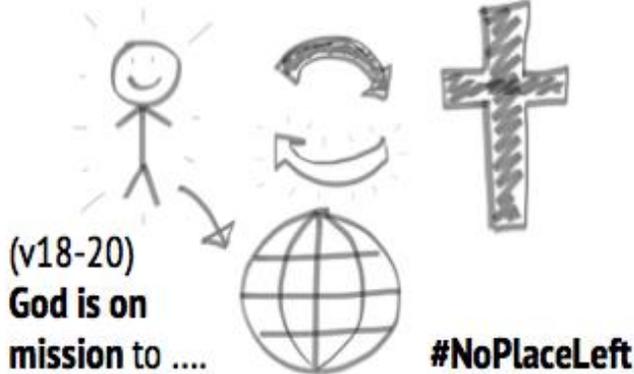
Make Disciples...not just church attenders

Baptize & Teach to Obey Jesus...not just to know a lot about Jesus

**Why?** - Our Identity & God's Mission!

[2 Corinthians 5:17-21]

(v17) **New Creation!** (v21) **Jesus' Exchange!**



I, \_\_\_\_\_ am an ambassador for Christ with a **Ministry & Message**

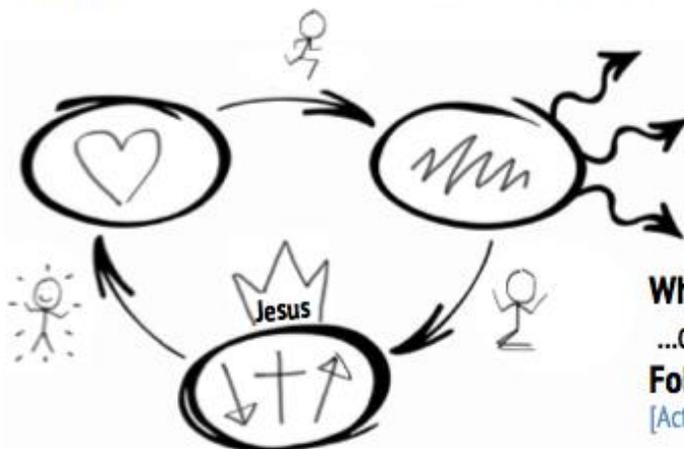
**Who?** - Make an Oikos Map

[John 17:20-21, 2 Tim. 2:2]



**What to say?** - My Story and Jesus' Story! [John 4:29, 1 Cor. 15:3-4]

| Intro              | < Before           | JESUS   | Now >              | ?                  |
|--------------------|--------------------|---|--------------------|--------------------|
| Time in my life... | 1 _____<br>2 _____ | "Received forgiveness, & surrendered control" | 1 _____<br>2 _____ | What's your story? |

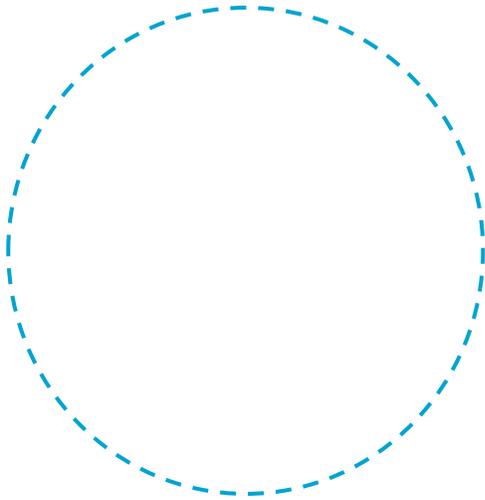


**Where are you?**  
...do you want to be?  
**Follow Jesus now?**  
[Acts 2:38, Matt 28:19]

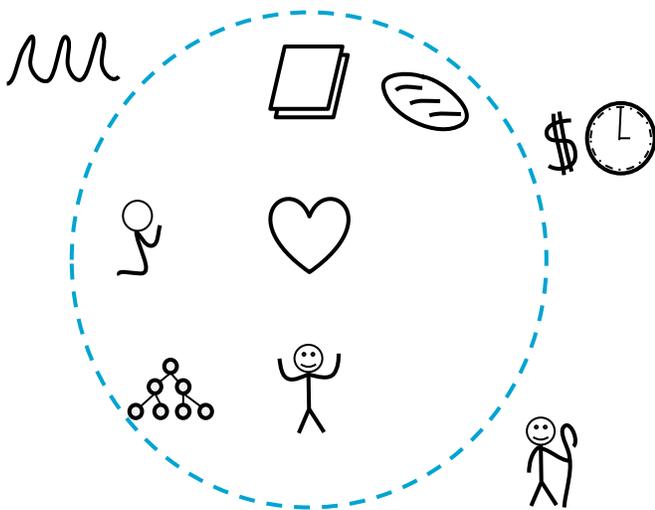
»»»»»»  
**Follow Up?**  
1. **When?**  
2. **Where?**  
3. **Who** will you invite?  
**Commands of Christ**

# Church Circle

First, draw a dashed circle. This dashed circle represents a gathering of believers.



Second, draw each of the functions which your gathering is consistently practicing **inside** the circle. Draw the functions which your gathering has not yet practiced **outside** the circle.

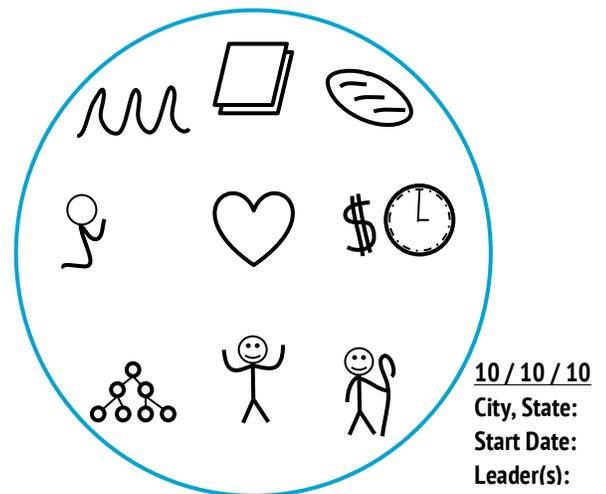


In this example above, the gathering has practiced some very important functions of a church. However, there are a few functions that have yet to be practiced. If your church has yet to practice all the functions, make an action plan to begin practicing them today

These symbols represent 9 basic functions of a church we see in Acts 2:36-47. Some of these functions have already been studied in the 9 lessons, others have simply been practiced week to week without studying a specific lesson



Finally, if a gathering has identified itself as a "church", then you may make the dashed line **solid**. The goal is to have a church become healthy and practicing all the functions as modeled by the New Testament Church in Acts 2:36-47



Also, for record keeping it will be helpful to identify:  
#Attendees / #Believers / #Baptized  
 You may also wish record the location, start date, and leader(s)

# The Commands of Christ Overview

*An Adaptation of George Patterson's Seven Commands*

## 1. Repent & Believe

- Command: Matt 4:17
- Story: Luke 7:36-50 (Sinful Woman)
- Additional: Romans 3:23, 6:23 & 10:9-10

## 2. Be Baptized

- Command-Matthew 28:19
- Story: Acts 8:26-39 (Philip & Ethiopian Official)
- Additional: Romans 6:3-4, Matthew 3:13-16, Acts 2:38

## 3. Pray

- Command: Matthew 6:9-13
- Story: Matthew 6:9-13 (Jesus Teaches About Prayer)
- Additional: Luke 10:2

## 4. Go...Make Disciples

- Command: Matthew 28:19-20
- Story: John 4:4-42 (Samaritan Woman at the Well)
- Additional: Luke 10:1-11

## 5. Persevere

- Command: Matthew 10:22
- Story: Acts 5:27-42 (The Persecuted Believers)
- Additional: Matthew 10:16-33, 2 Corinthians 4:5-18  
Hebrews 12:1-2, Matthew 5:11-12, Matthew 24:13-14

## 6. Love

- Command: Matthew 22:37-39
- Story: Luke 10:25-37 (Good Samaritan)
- Additional: John 15:13, 1 Cor. 13, John 13:34-35,  
Matt. 22:37-39, John 14:15, 21:17

## 7. Lord's Supper

- Command: Matthew 26:26-28
- Story: Luke 22:7-20 (Jesus' Last Supper)
- Additional: 1 Cor. 11:26-29, Acts 2:42

## 8. Give

- Command: Matthew 6:1-4
- Story: Mark 12:41-44 (The Widow Gives)
- Additional: 2 Corinthians 9:6-7, Matt 6:1-4, Acts 4:34-35

## 9. Gather

- Command: Hebrews 10:24-25
- Story: Acts 2:36-447 (The First Church)
- Additional: 5:42, 17:5-7, 18:7, 19:9, 20:20; Romans 16:1-5;  
1 Cor. 16:19; Col. 4:15; Philemon 1:1-2; 1 Cor. 10:31

## 10. Begin Long Term Discipleship

- Gospel of Mark (8-10 verses per week)
- Continue 3/3's meeting format

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